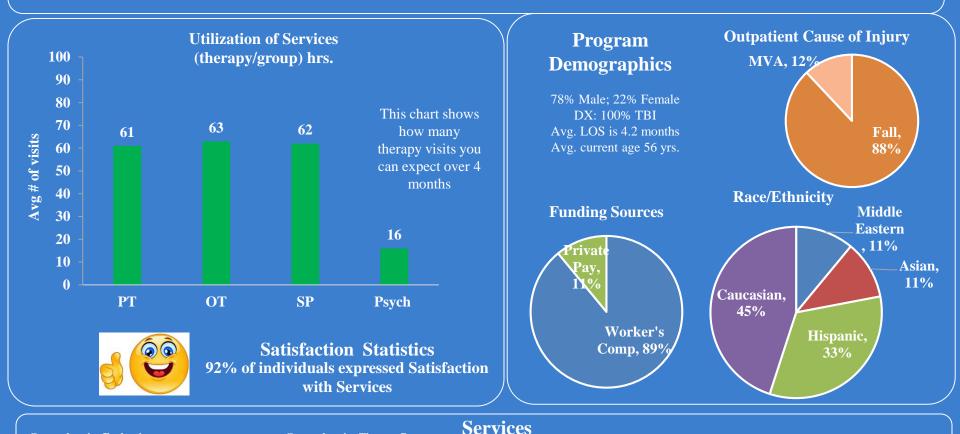


## **Escondido Outpatient & Day Program Services**

The outpatient program provides short- and long-term rehabilitation, comprehensive evaluation and treatment services to clients. Treatment specialties include PT, OT, SP, Psych, TR, and cognitive rehabilitation. Day Program provides structured activities which provide its participants opportunities to develop and practice basic skills in a safe yet enjoyable environment. Activities address areas of: cognition, socialization, communication, as well as leisure.



## **Comprehensive Evaluation:**

The Comprehensive Evaluation provides a coordinated and outcome driven approach targeting cognitive, physical, behavioral and emotional skills and needs. The assessment process includes clinical interviews, medical evaluations, behavioral observations, and standardized assessments designed to evaluate cognitive and physical abilities as well as strengths and weaknesses. Specific recommendations are provided to address referred questions.

## **Comprehensive Therapy Program:**

The Comprehensive Therapy Program consists of 3-5 days per week of services. The program combines services in the clinic, structured home and community. Therapies include physical, speech/language and occupational therapies, psychology, neuropsychology, substance abuse counseling and therapeutic recreation. These are delivered through individual therapy, group therapy and life skills trainer support implementation of strategies in both the home and community settings. Physiatry is also offered. Services focus on the development of systems and strategies necessary to support medical and mood stability and to maximize optimal participation in life roles in the community and at home.

## **Individual Therapy Services:**

Traditional individual therapy services which are offered include: speech/language, occupational therapy, physical therapy, cognitive rehabilitation therapy, substance abuse counseling, neuropsychology, psychology and therapeutic recreation. Often individuals with mild brain injury are referred for individual therapy services targeting vestibular issues, development of compensatory cognitive strategies, psychology and return to work services.