



Phase 4: Rehabilitation

Assignments:

- Set up and use all of your supports.
- Review and provide input on the treatment plan.
- Make a list of family rituals and communicate with the team.
- Ask therapists if there is something that you can monitor or provide input on to assist with the goal tracking process.
- Identify peaks and valleys in the process.
- Complete weekly family feedback forms.
- Keep a written log of questions as they arise.

Looking Ahead:

- How have roles in this family changed? How might this impact our needs when we return home?
- What support and resources exist in your home community. How would you use these resources to help you and your family member transition to the next level of care?
- How will I cope with my loved one not being exactly as they were before the injury?

